

SINCE 1896

S&W

PREMIUM

CRUSHED

ITALIAN RECIPE

TOMATOES

*with Oregano & Basil
in Rich Puree*

NET WT
1 LB 12 OZ
(28 OZ)
794g



Nutrition Facts

Serving Size 1/4 cup (61g)
Servings Per Container about 13

Amount/Serving	% Daily Value*
Calories 20	Calories from Fat 0
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 4g	1%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 1g	
Vitamin A 6%	Vitamin C 10%
Calcium 2%	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: TOMATO PUREE, TOMATOES, SALT, OREGANO, BASIL, THYME, BLACK PEPPER, ANISE, CITRIC ACID.

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3 Pepper Sausage Skillet

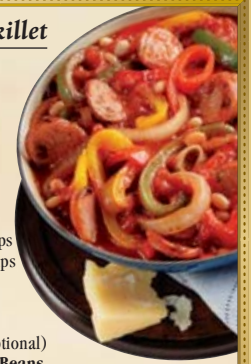
Prep: 10 minutes
Cook: 15 minutes
Servings: 4

- 1 lb. smoked chicken sausage or other smoked sausage, sliced
- 1 cup sliced onion
- 1 cup red bell pepper strips
- 1 cup yellow bell pepper strips
- 1 cup green bell pepper strips
- 1 can (28 oz.) S&W®

Crushed Tomatoes Italian Recipe

- 1/2 tsp. red pepper flakes (optional)
- 1 can (15 oz.) S&W White Beans, drained

1. Cook sausage, onion and bell peppers in skillet, 3 minutes.
2. Add tomatoes and red pepper flakes. Cook 10 minutes, stirring occasionally.
3. Stir in beans and heat through. Serve with Parmesan cheese, if desired.



QUESTIONS OR COMMENTS? CALL 800-252-7033 (MON.-FRI.).

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REFRIGERATE ANY UNUSED PORTION IN A SEPARATE, COVERED CONTAINER.

*NET CARBS PER SERVING = TOTAL CARBS MINUS FIBER



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